



October 2011



Orders due no later than:
Tuesday, September 26th



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Turkey Hot Dog on Whole Grain Bun, Baked Beans, Vanilla Frozen Yogurt topped with Mixed Berries.	4 Honey Roasted Turkey & Cheese Wrap, Carrot Sticks W/ Ranch Dip, Goldfish "Phys-edibles" and Peaches	5 Hard Shell Beef Tacos W/ Cheese, Lettuce & Salsa, Spanish Rice, Vegetable of the Day, and Sliced Pears	6 Tyson Whole Grain Chicken Nuggets with BBQ Dipping Sauce, Mashed Potatoes, Corn on the Cob & Apple	7 Whole Grain French Bread Pizza, Chef Salad W/Low Fat Dressing, Tropical Fruit Salad & Got Milk "Mookies"
10 Columbus Day No School	11 Homemade Chicken & Vegetable Soup, Krakus Ham & Cheese Wrap, "Ants on a Log" & Seasonal Fruit	12 Whole-Grain Pasta with Homemade Meat Sauce, Tossed Salad, Wheat Roll and Fruit Cocktail	13 Baked Chicken Vesuvio, Garlic Mashed Potatoes, Green Beans, Wheat Roll, & Peaches	14 Mozzarella Pizza "Bosco" Sticks W/ Marinara Sauce, Salad & Watermelon Yogurt
17 Tyson Breaded Chicken Breast Sandwich W/Lettuce & Tomatoes, Rice, Green Beans & Pineapple Rings	18 Pasta with Broccoli & Diced Chicken, Wheat Dinner Roll, Sliced Peaches & "Dick & Jane Smart Cookies"	19 Pork Roast with Gravy, Baked Potato, Pea's, Orange Slices, Fig Newton Cookie	20 Baked Taquitos W/Salsa & Sour Cream, Hash Brown Potatoes, Corn & Fresh Grapes	21 Religion Workshop No School
24 Staff Development No School	25 Italian Sub Sandwich W/Lettuce & Tomatoes, Harvest Cheddar Sun Chips & Fresh Banana	26 Breakfast for Lunch!! Blueberry Pancakes, Turkey Sausage, Orange or Apple Juice & Seasonal Fruit	27 Turkey Burger on Wheat Bun W/ Lettuce, Potato Smiles, Peas & Carrots, Sliced Pears	28 Whole-Grain Pasta with Broccoli & Shrimp, Tossed Salad, Fruit Cocktail & Trix W/G Cereal Bar
31 Pasta with Mini Meatballs, Tossed Salad, Wheat Roll, & Italian Lemon Ice				

Entire Month Option
 18 Days @ \$3.50 = \$63.00
 Discount \$3.50 = **\$59.50**

Reduce Price Lunch
 Approved Students Only
 18 Days @ .40 = **\$7.20**

Milk only
 19 Days @ .75 = **\$13.50**

Choose your days (4 minimum)

_____ Days @ \$3.50 = \$_____

Students Name: _____

Grade: _____

Amount Enclosed \$_____

Return yellow copy of menu to the school office along with your Check or Money Order.



To order only specific days, please indicate your choices by drawing a LARGE "X" through the day with a ball-point pen.